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CARL plans series of leadership workshops

From advice on how to manage money to how to manage a difficult colleague, students at St. Bonaventure will have the opportunity to attend leadership workshops nearly every week of the fall semester.

The university's Center for Activities, Recreation and Leadership has a full slate of events from presentations and video speakers to small roundtable discussions.

"These programs will help students enhance further their leadership skills and teach them about the many leadership styles," said Rob DeFazio, director of the Center for Activities, Recreation and Leadership.

DeFazio explained that the center will host leadership programming in three areas this year: National Society of Leadership and Success, Guest Speaker Series, and the Bona/Lead program.

The Guest Speaker Series and Bona/Lead programs are offered to students for free. Students who decide to obtain a \$75 membership in the National Society of Leadership and Success can receive additional benefits such as a leadership certificate, a T-shirt and the opportunity to attend conferences. (Students meeting certain academic criteria may qualify for honorary membership.)

National Society of Leadership and Success

St. Bonaventure is now a member of the National Society of Leadership and Success, a nationwide organization dedicated to creating lasting positive changes in students' lives and in the community. NSLS is a nationwide community of leaders dedicated to helping people discover and achieve their goals. It offers life-changing lectures from the nation's leading presenters, and an opportunity for success-oriented people to come together and help one another succeed.

Three video presentations are scheduled for fall semester. Each 90-minute video will be shown at three different times. Seating is limited. Students may sign up in Reilly Center 208.

Tuesday, Sept. 29

Alexis Jones

6-7:30 p.m., 7:30-9 p.m. or 9-10:30 p.m., Walsh Auditorium

Former teen model Alexis Jones gained recognition for her passion and persistence on the TV show “Survivor,” and became a role model for Generation Y. She founded iamthatgirl, an organization dedicated to social change and global awareness.

Tuesday, Oct. 27

Jim Kouzes

6-7:30 p.m., 7:30-9 p.m. or 9-10:30 p.m., Walsh Auditorium

Author of the “Leadership Challenge,” Jim Kouzes has studied the world’s most effective leaders to find practices that generate results.

Tuesday, Nov. 17

Marc Kielburger

6-7:30 p.m., 7:30-9 p.m. or 9-10:30 p.m., Walsh Auditorium

Marc Kielburger began his journey of volunteerism as a pre-teen and now empowers youth around the world. He is chief executive director of Free the Children and the co-author of three bestsellers.

Guest Speaker Series

Two speakers will be on campus this fall as part of the center's Guest Speaker Series.

Monday, Oct. 19

Presentation: “Build Up Your Leadership”

6:30 p.m., Dresser Auditorium

Motivational speaker Elaine Penn shows students how to use their personal leadership skills to rally others around a common vision, creating teams that work together to achieve their goal.

Tuesday, Nov. 10

Presentation: “Leadership in Business”

8 p.m., Quick Center for the Arts

Art Roberts, a 1968 SBU graduate and former U.S. Army artillery officer, will draw on his most recent experience as vice president of human resources for the Graphic Communications Group of Eastman Kodak.

Bona/Lead Program

The Bona/Lead Program is a series of workshops run in conjunction with the Leadership Program at St. Bonaventure University. Each workshop is meant to enhance the other programming throughout the semester. Bona/Lead aims to help students develop a

strong sense of self, build confidence in their leadership abilities, and establish long-lasting friendships so they may become active and engaged students.

The workshops run every other week and are held in Room 208 of the Reilly Center. Students are asked to sign up in the Leadership Center. Topics for the fall semester include Leadership Styles, Effective Listening, Customer Service, Effective Meetings, Keys To Communication, Conflict Management, SBU Leadership and Leadership Opportunities.

In addition, Monster.com will present College Advantage, an interactive program for first-year students meant to help them take ownership of their college experience. Two Monster sessions are planned for the fall semester:

Tuesday, Sept. 22

“The College Advantage”

8 p.m., Quick Center for the Arts

This interactive program helps students map a path toward a degree and a great career, helping them recognize that the choices they make as freshmen can impact future opportunities.

Tuesday, Oct. 20

“Ultimate Money Skills”

8 p.m., Walsh Auditorium

This Monster.com and Bank of America program helps students develop smart money management skills. It addresses credit card use, student banking options, sticking to a budget and saving.

Other CARL Events

Other programs that CARL staff are encouraging students to participate in include the upcoming Organizational Fair, Sustainability Day, and Etiquette Dinner:

The Student Organizational Fair will be held from 4:30-6:30 p.m. Sept. 9 on the Hickey Dining Hall lawn. Students can gather information about student organizations, clubs, activities and service opportunities.

Sustainability Day 2009 is slated for Thursday, Oct. 22. This planned energy rollback, sponsored by the SBU Sustainability Commission, asks people to walk instead of drive, turn out the lights, use less hot water, all in the interest of reducing the university’s carbon footprint and proving that one person can make a difference.

An Etiquette Dinner will be held Thursday, Nov. 12, in the Robert R. Jones Trustees Room, Doyle Hall (time TBA). Students can attend a formal dinner on campus and are schooled all through the event by an expert in the art of etiquette. Seating is limited. Tickets can be purchased in Reilly Center 208.

An additional component of St. Bonaventure’s leadership program is a Student Leader of the Month initiative, which will highlight students nominated for the honor by SBU faculty and staff. Additional details about the program will be forthcoming.

For more information about any of the leadership events, stop in Room 208 of the Reilly Center or contact graduate assistant Jessica Schiefer, schiefjl@sbu.edu, 716-375-2224.

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SBU great Bob Lanier named co-winner of Basketball Human Spirit Award

St. Bonaventure University basketball legend Bob Lanier will receive The Mannie Jackson Basketball Human Spirit Award tonight (Sept. 10) at the Naismith Memorial Basketball Hall of Fame, part of the festivities leading up to Saturday's class of 2009 Hall of Fame induction ceremony.

Lanier, who led St. Bonaventure to the NCAA Final Four in 1969-70, is one of three co-recipients of The Human Spirit Award. He shares the honor with former player Alonzo Mourning and former NBA referee Ken Hudson. The award is presented annually to individuals who have been inspired from their participation in the game of basketball to use the game as a catalyst for both personal growth and change in their community.

"The recipients of the award have long embraced the core values of the game, including dedication, hard work and a commitment to others," said Mannie Jackson, chairman of the board of the Basketball Hall of Fame. "Bob Lanier and Alonzo Mourning are leaders in basketball's global community while Ken Hudson is a leader at the local and regional levels who passed along his passion for the game to millions of youngsters in Massachusetts and Atlanta, alike. All three men truly represent the vision of this prestigious award."

Now in its third year, the Mannie Jackson Basketball Human Spirit Award has evolved into an honor that recognizes both national and local or regional grassroots efforts that depict an individual's commitment to the game of basketball and its role in community service that transcends personal reward and literally challenges the human spirit.

Lanier, a 14-year standout in the NBA, was an eight-time all-star following his All-American career at St. Bonaventure. Lanier, the most valuable player of the 1974 NBA All-Star Game, played just over nine seasons in Detroit and four seasons in Milwaukee. He received numerous community service honors, including the NBA's J. Walter Kennedy Citizenship Award in 1978.

From 1989 to 2005, Lanier chaired the NBA's "Stay in School" program, NBA TeamUp Program and the league's "Read to Achieve" initiative. Lanier is special assistant to the NBA commissioner, a post he has held since 2005, and is the NBA Cares global ambassador.

In 2007, Lanier received the National Civil Rights Museum Sports Legacy award, dedicated to the spirit of Dr. Martin Luther King Jr.

Hudson, the former vice president of marketing development and director of community relations for the Coca-Cola Company, became the first person of color to referee a city high school basketball championship, in 1967, and later became a pioneering NBA referee, officiating in the league from 1968 to 1972 as one of the league's earliest African-American game officials.

He developed several Boston-area youth basketball programs and was named to the board of directors of multiple companies, including Coca-Cola's New England board of directors. He is currently an observer of officials for the NBA.

Mourning, a 15-year NBA veteran who earned a league championship ring in 2006 as a member of the Miami Heat, has made as much of an impact off the court as he did when he played in the NBA and, before then, as a member of the famed Georgetown Hoyas where he was a three-time NCAA All-American. Mourning was a member of the U.S. gold medal teams at the 1994 World Championship in Toronto and the 2000 Summer Olympic Games in Sydney.

Mourning was diagnosed with a kidney disorder following the 2000 Olympics and was sidelined during the 2002-03 season after he received a kidney transplant. All the while, Mourning ran off-season community relations programs such as "Zo's Summer Groove" and "Zo's Fund for Life," raising more than \$6 million via the Alonzo Mourning Charities program. He continues to be active in the community and serves as a spokesperson for the National Kidney Foundation and the Ronald McDonald House Charities.

The Mannie Jackson Basketball Human Spirit Award provides two annual scholarships valued at \$5,000 each to students who are pursuing a master's degree in a sport management field.

Members of the Class of 2009 Hall of Fame inductees include Michael Jordan, who won six NBA championships with the Chicago Bulls; David Robinson, who led the San Antonio Spurs to two NBA titles; Jerry Sloan, who coached the Utah Jazz to two championships and is the only NBA coach in history to win over 1,000 games with a single team; John Stockton, who played his entire NBA career with the Utah Jazz and won two titles; and Rutgers University coach C. Vivian Stringer, the first coach to lead three different schools to the NCAA Final Four.

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SBU to remember Sept. 11 victims Friday

The St. Bonaventure and Olean-area communities are invited to a ceremony at 11:15 a.m. Friday in front of Plassmann Hall to commemorate the tragedy of Sept. 11, 2001.

The University's 9/11 memorial is in front of Plassmann, located on the west side of campus.

The ceremony will honor the three University alumni killed in the attacks on the World Trade Center, as well as all the victims who died in Washington, D.C., New York and Pennsylvania that day.

Robert Donius, vice president for university ministries, and Br. F. Edward Coughlin, O.F.M., vice president for Franciscan mission, will take part in the ceremony, along with students and members of the University's ROTC unit.

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Health Care Access Coalition to host 'Single Payer Health Care Under the Microscope'

The public is invited to join the Health Care Access Coalition, Congressman Eric Massa, and Andy Coates, M.D., for a discussion titled "Single Payer Health Care Under the Microscope" from 2 to 4 p.m. Sunday, Sept. 13, in Walsh Auditorium on the St. Bonaventure University campus.

Before there was Barack Obama's health care reform bill, there was HR 676, an expanded and improved Medicare for all. Also known as single payer health care, this proposal would ensure access to quality health care for everyone, according to officials

with Health Care Access Coalition (HCAC). Massa (D., 29th District), who has publicly stated that he favors the single payer option, has said he does not support Obama's health care reform bill, H.R. 3200, as it now stands.

The Congressman will describe the status of the health care reform proposals in Washington and his position on single payer. Coates, an internist in Albany and an active member of Single Payer New York, will speak of the need for health care that leaves no one out. Pre-med students from St. Bonaventure will then take the lead with questions related to single payer health care. Members of the audience will also have an opportunity to pose their questions.

“We are thrilled to have a forum to address issues we have been fighting for as an organization,” said Athena Godet-Calogeras, HCAC chair. “That we will have with us two strong proponents of single payer health care — Congressman Eric Massa and Dr. Andy Coates — is a testament to the work we have done as a coalition and to the voices in the community that refused to remain silent.”

All are welcome to attend this free event. For more information about the HCAC, visit the Web site www.healthcareaccesscoalition.org.

Formed in the fall of 2005 as a project of the Labor-Religion Coalition of Southwestern New York, the Health Care Access Coalition is a collaboration of people involved in health care, organized labor, faith and civic community. Believing in health care as a right, the Health Care Access Coalition works to promote affordable, comprehensive, and quality health care for all through education and advocacy. The HCAC engages in actions that address specific health care needs in rural Cattaraugus County as well as advocating at both the state and national levels for the legislative/systemic change necessary to bring about universal health care.

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Mt. Irenaeus to celebrate 25 years of ministry and mission

The Franciscan traditions of hospitality and spirit of prayer that helped to establish St. Bonaventure University have been the foundation for Mt. Irenaeus, Franciscan Mountain Retreat, which serves St. Bonaventure University and the area community. The mountain was established 25 years ago as a place for students, faculty and visitors to visit and rest, away from the campus life, so to return to the university and their daily lives, feeling revitalized.

Celebrate those 25 years of ministry and mission at Mt. Irenaeus on Saturday, Oct. 17. Beginning at 2:30 p.m., an anniversary concert featuring performers Cyprian Consiglio and John Pennington at Mt. Irenaeus will kick-off the day-long celebration.

Consiglio is a monk, composer, singer, guitarist, teacher and author who is deep-seated in various sacred chant traditions. Pennington is a percussionist who specializes in drums and world music and is also a college professor. Together, these acoustic performers incorporate texts from various sacred and secular sources while instilling elements of chant and drums.

A celebration of the Eucharist will follow the concert at 4:15 p.m. A buffet dinner and a concert continuing the spirit of the day with student musicians will conclude the day. Guests are encouraged to bring a favorite appetizer or dessert to share. The main courses will be provided through the generosity of friends.

Guests also have the option of pre-ordering the limited edition Mt. Irenaeus anniversary long sleeve T-shirt that features the “Wagon Wheel” design. T-shirts are priced at \$15.00 and are available in sizes XS through XXL. Guests are asked to R.S.V.P. by Sept. 14 to Michelle Marcellin at mmarc@sbu.edu.

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BonaResponds to hold Livestrong event

As a part of National Livestrong Day, BonaResponds volunteers will be helping at the homes of local cancer survivors Oct. 2 and Oct. 3. But to do that they need the public's help in identifying area cancer survivors in need of yard work or light home repairs.

Livestrong Day is the Lance Armstrong Foundation's one-day initiative to raise awareness and funds for the cancer fight and to show support for the 28 million cancer survivors worldwide. The LAF's goal is to unite people affected by cancer in raising awareness of cancer issues on a global level and in communities across the country.

The Lance Armstrong Foundation focuses on cancer prevention, access to screening and care, research and quality of life for cancer survivors. Founded in 1997 by cancer survivor and champion cyclist Lance Armstrong, the LAF has raised more than \$250 million for the fight against cancer.

This year, Livestrong Day is Oct 2. Events and activities of all types will take place around the world in support of cancer survivors and their loved ones, including the BonaResponds local service weekend.

"Whenever you get a chance to team up with an organization that is as well established and as strong as Livestrong, you take it," said Dr. Jim Mahar, associate professor of finance and founder of BonaResponds. "In this case, it is even better since it is for such a great cause."

BonaResponds will have volunteers working at multiple sites across the area with a focus on helping cancer survivors.

"It is difficult to keep things repaired and lawns taken care of in the best of circumstances. Now imagine how hard it is for those undergoing cancer treatments or caring for those who do have cancer," said Mahar. "If we can do some of those things, it will make things better for those fighting cancer. They can focus their energies on getting better."

In order for volunteers to help though, they need a little help finding them. BonaResponds members are asking the public to refer any cancer survivor or current patient who could use some free help. Be it mowing the lawn, raking leaves, painting, or something else, BonaResponds would like to assist, organizers say.

BonaResponds also plans to hold a bake sale to raise awareness of both BonaResponds and Livestrong. The profits of the bake sale will go to help fund Livestrong efforts around the globe.

The event, like all BonaResponds events, is open to all. Volunteers plan to work from 3 until 7 p.m. on Friday. The bake sale will take place from 11 a.m. until 2 p.m. on campus, and then be moved to a work site. They will start work again at 10 a.m. on Saturday and expect to be finished by 4 p.m.

For more information, visit www.BonaResponds.org. To refer a local cancer survivor who needs a helping hand, contact BonaResponds:

E-mail: BonaResponds@sbu.edu or jimmahar@yahoo.com

Phone: 716-375-2111

Mail: BonaResponds, 231 Murphy Building, Box BY St. Bonaventure, NY 14778

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Newsmakers

Dr. John Mulryan, Board of Trustees Professor of English, has published an article in the Ben Jonson Journal, 2009, titled "The Primrose Way to the Everlasting Bonfire: The Choice of Hercules in Jonson, Shakespeare, and Milton."

Kristin Paul, lecturer in the Department of Finance, and Dr. Rodney Paul, professor of finance, had the paper "Noise Trading and Points Spread Movements in the NCAA Football Betting Market" accepted for publication in the Journal of Business, Industry, and Economics.

Dr. Barbara Trolley, professor in the School of Education, is the lead presenter among her editorial board, addressing "A Marriage between Practice and Publication: We're All in this Together." Trolley, the editor of the New York State School Counseling Journal, and her colleagues will be making this presentation in October 2009 at the annual New York State School Counselor Association Conference in Syracuse.

Dr. Charles Walker, professor of psychology, gave the keynote address at the Fall Convocation of Raritan Valley College in Somerville, N.J. He was invited to speak on "Constructive and Destructive Roles of Rumor & Gossip Within a College Community." In addition, he has had an article accepted for publication in the Journal of Positive Psychology titled "Experiencing Flow: Is Doing It Together Better Than Doing It Alone?" In this article he reports a program of three studies conducted over the last nine years with students in his social psychology laboratory. All three studies support the conclusion that experiencing flow alone is enjoyable but not as enjoyable as when experienced with others. His article will appear in the next issue of this leading journal in the new field of positive psychology.

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